

How I am at School

Name _____

How I am at School Resource Sheet



Circle one letter from each pair (E or I, S or N, F or T, J or P)

E

- I think out loud
- I prefer variety and action
- I like to act quickly
- I'm a good talker
- I like to give my opinion

S

- I like to learn to do something step-by-step
- I look for the facts or details
- I focus on what works now
- I prefer using what I've learned
- I'm more practical and sensible

F

- I think of people then the task
- I like pleasing people
- I tend to be careful to avoid saying things that could upset someone

J

- I like to plan and organise things
- I like to make decisions
- I prefer finishing tasks
- I quite like using lists
- I like things tidy

or

or

or

or

I

- I think before I speak
- I prefer quiet
- I like to be careful
- I'm a good listener
- I keep my thoughts to myself

N

- I like to work out what it means or change it
- I look for patterns
- I focus on how to make it different
- I prefer learning new skills
- I'm more of a dreamer and imaginative

T

- I think of the task then people
- I like sticking to the rules
- I tend to give and take criticism quite easily

P

- I like to see how things turn out
- I like to keep my options open
- I prefer starting tasks
- I'd rather not use lists
- I don't mind things untidy