

Project Guidance for Career Mentors

Who?

Do you want a shot at being an influencer?
Do you want to be a role model?
Are you mentor material?

We are looking for all of the above to **support current Year 6 pupils** during transition.
Transition means change.

What?

Where

Think back to how you felt when you were in Year 6.
Were you scared, nervous, excited or a did you feel a mix of emotions?
What helped you the most in your transition into Year 7?

We want you to **record a video** giving tips, tricks and answering transition related questions.

When?

Why?

The benefits to Year 6 pupils are hearing their role-model peers give them advice.
This will also benefit you by boosting your self-esteem, confidence and presenting skills.

The Details

You have had lots of change so far in your life, with many more transition periods to come.

You transition every school year as you move up a year. Likewise as each year passes, you will continue your journey in education setting the foundations for your personal career ladder.

This mentorship scheme will allow you to support Year 6 pupils transition into Year 7 with encouragement, guidance, and tips from you.

You have been chosen to guide your Year 6 peers in supporting them in the step up to Year 7 and Secondary School.

Your task

...is to read the questions from current Year 6 pupils and answer their questions. Your answers will be filmed so that they can be played back to the Y6 pupils. This will support the Y6 pupils as they transition into Y7. They will be used to guide them and boost their confidence.

Top Tips to make the videos fun and engaging:

What advice would you have given yourself a year ago?

Answer the questions confidently!

Speak clearly and at a steady pace.

Look into the camera and use expression.

Top Tips

...for Recording a Video on your Smartphone or Tablet

1. Shoot Horizontal Video

Vertical video does not translate well on other devices. Computer monitors, televisions and websites, all have landscape-oriented displays. Please therefore turn your device on its side and record horizontal footage.

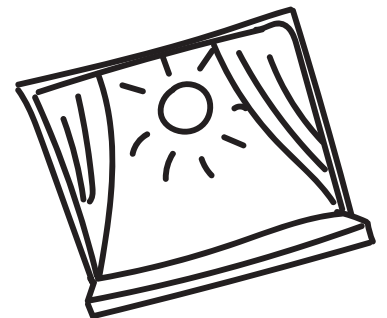


2. Don't use digital zoom

The zoom feature on most smart devices just enlarge the picture digitally reducing the image quality and making it pixilated. Some advanced phones have an optical zoom to avoid this, however the safest option is to simply move closer to your device.

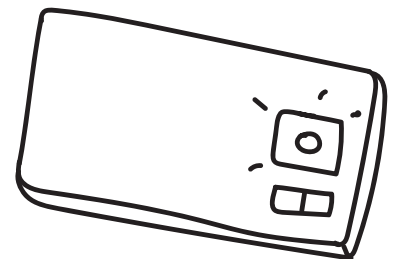
3. Lighting

The flash or LED lights on smartphones are too bright and can easily skew the colour temperature of the video. Also, video will often still come out poorly lit in the end. The best source of light to use is daylight. Natural lighting looks great in almost every instance. Always face toward your light source. Never have the window or light source behind you or else you will be left with a silhouette.



4. Audio

Recording audio directly from your device's built-in microphone should suffice but make sure you are close enough for your voice to be clearly picked up. Removing your phone or tablet from its case can sometimes improve the audio pick up as some cases have the effect of slightly muffling the microphone.



5. Clean Your Lens

An easy, but important final tip is to clean your lens before you start. Your lens will often get dirty, which will produce a blurry video. The best way to clean your lens is with a microfibre cloth.

Don't worry about getting it all in one take. You can record each question separately if you wish.