

INTERVIEWS: STRENGTHS & WEAKNESSES

Real examples

Clear situations

Evidence of
your behaviour

BONUS TIP:



Use the STAR Method technique when structuring your answers.

QUICK
TIPS

SITUATION: During a football match, our team was struggling to work together and was losing.

TASK: We needed to improve our communication and teamwork to perform better.

ACTION: I encouraged my teammates, communicated clearly during the game, and worked closely with others to support the team's strategy.

RESULT: Our teamwork improved, we played more effectively, and we went on to win the match.

REMEMBER:

Everyone has strengths.

The difference is knowing how to best explain them.

QUICK
TIPS